

FIVE COLLEGE LEARNING IN RETIREMENT
Peer-Led Lifelong Learning



5CLIR REPORTER

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CALENDAR

JUNE

- 7 Executive Committee meeting, 1:15, Five College, Inc.
- 7 Curriculum Committee meeting, 2:15-4:15, Five College, Inc.
- 14 Council meeting, 2:15-4:15, Five College, Inc.



JULY

HAPPY 4TH!

The office will be closed the week of July 2-6.
No newsletter in July
No Executive Committee Meeting
No Curriculum Committee Meeting
No Council Meeting

LETTER FROM THE PRESIDENT

It has been yet another good year for Learning in Retirement--excellent seminars, compelling special programs, and good work by our highly engaged and productive committees. Membership has grown slightly, currently standing at just over 300.



Major activities during the year have included: (1) a special program in October celebrating the successful conclusion of our Campaign for the Future; (2) the conclusion of our Emeritus experiment, leading to Council's decision to allow Auditors in seminars (under carefully prescribed conditions and subject to the concurrence of seminar moderators); (3) the Curriculum Committee's design and introduction of short seminars during the summer months; and (4) cooperative work with Five Colleges Inc. staff to better define the circumstances under which LIR events may be held in private homes.

As always, our committees continue to drive the organization. Excellent work has been done this year by our Curriculum, Finance, Great Decisions, Member Events, Publicity, Special Programs, and Summer/Winter Programs Committees, as well as by ad hoc committees dealing with nominations, Operations Manual updates, and other special assignments. Also noteworthy is the energy that has been devoted to our Encore series, numerous special events and field trips, and special interest groups. Suffice it to say that all the above activities comprise the core of LIR's existence. To keep all of it in motion, however, requires a continuous infusion of new committee members and program volunteers. Please consider joining a committee!

Tisha Ferguson, our part-time Administrator, continues to contribute significantly to our operations, and made improvements this year in our data systems, communications with members, our promotional materials (including new brochures), and our accounting procedures. Particularly helpful was a session she held for our officers and committee chairs regarding the planning and conduct of special events.

As most of you know by now, Ann and I will be leaving the Pioneer Valley in mid-June, so our experiences with LIR are coming to an end. I am deeply grateful for the opportunity I've had to work in a leadership capacity with LIR, for the highly enjoyable interaction I've had with other Council members, for the intellectual stimulation that has characterized our years with the organization, and for the wonderful friendships LIR has afforded us. While we're excited about our upcoming move, we know we will miss the contributions that LIR has made to our lives. I take comfort, however, in knowing that the organization's future rests in highly capable hands!

Mike Brooks
President

Calling LIR Photographers



Your photos are needed! For the website, for the newsletter, new images of member activities will be greatly appreciated! As you travel and explore this summer, don't forget to take a few pictures, then send them along to the office.

Thanks!

Summer & Fall Seminars

Class lists have been sent out, but there is still time to enroll in open seminars. Go to www.5clir.org/2018-fall-seminars/ to view the selection.



There's Still Time to Sign up For Summer Programs!

Go to <https://5clir.org/2018-summer-programs/> to sign up.

LYRA MUSIC FESTIVAL CONCERT Sonatas for Cello and Piano

Date: Thursday, July 12
Time: 7:30 pm
Place: Sage Hall, Smith College, Northampton, MA
Cost: \$10 (Your name will be listed at the door as a pre-paid reserved ticket-holder.)
Contact: Mary Franks, 548-9487 or franks@acad.umass.edu

Lyra Music is pleased to present Nicholas Tzavaras in concert with Rieko Aizawa, in a thrilling program of Sonatas for Cello and Cello/Piano, including:

Beethoven's Cello Sonata in G Minor (Opus 5 No. 2);
Debussy's Sonata for Cello and Piano in D Minor; and
Britten's Sonata for Cello and Piano in C Major.

Lyra Music Festival is a classical music event celebrating its 9th annual season this year. It features a unique blend of world class concerts and masterclasses in the beautiful and acoustically rich concert spaces of Sage Hall at Smith College. Lyra Music brings internationally recognized musicians to the concert stage each summer; Mr. Tzavaras will be the first of its Guest Artists in July. Find out more at lyramusic.org.

Parking is available on Green Street or parking lots nearby.

CLARK MUSEUM TRIP

Date: Monday, August 6
Time: 8:30 am to 5:30 pm
Place: Bus to/from Sheldon Field
Cost: \$51 (including museum admission, travel and gratuity for driver)
Contact: Marybeth Bridegam, marybeth@comcast.net or 253-9562

The Sterling and Francine Clark Art Institute – commonly known as the Clark Museum - in Williamstown, MA is one of the finest small art museums in the country. Its collection features over 6,000 European and American paintings, sculpture, prints, drawings, photographs and decorative arts, dating from the fourteenth to early twentieth century. It is best known for works by John Singer Sargent, Winslow Homer, Degas, Monet, and other Impressionists. Its newly renovated building by Pritzker Prize-winning architect, Tadao Ando, and 140-acre campus in the Berkshires add to its attractions.

We will especially look forward to the special exhibit at the time of our visit, Women Artists in Paris: 1850-1900.

You are welcome to take your lunch from home or order a box lunch in advance from the museum café. (Further details – menu choices and payment info - will be emailed to registrants.)

VISIT STORM KING SCULPTURE PARK Artists on Climate Change

Date: Wednesday, August 15
Time: 8:00 am to 3:30 pm
Place: Bus to/from Sheldon Field
Cost: \$62 (including admission, travel and driver's gratuity)
Contact: Honore David, 538-4972, honores@comcast.net

Storm King Art Center has been widely celebrated for over 50 years as one of the world's leading sculpture parks. Located an hour north of New York City in the lower Hudson Valley, its 500 acres of rolling hills, woodlands, and fields of native grasses and wildflowers provide the setting for its renowned permanent collection as well as temporary exhibits.

This summer, the Center presents Indicators: Artists on Climate Change, an exhibition exploring the impact of the changing climate in ways that incorporate scientific, cultural and aesthetic perspectives. Art works are by over a dozen artists, including David Brooks (Permanent Field Observations), Jenny Kendler (Birds Watching), and Gabriela Salazar (regarding post-hurricane Puerto Rican coffee growing).

Lunch: Visitors may dine inside at the onsite café or eat outside at one of three picnic spots. For picnics: visitors may bring their own or pre-order a boxed lunch. Registrants will be emailed box lunch menu options and payment info ahead of time.

SLAVERY SITES in OLD DEERFIELD A Walking Tour with Bob Romer

Date: Thursday, September 6
Time: 11 am to 12:30 pm
Place: Meet at the town common on Main Street
(Driving and parking suggestions to be sent out closer to the date)
Cost: No cost
Contact: Karen Tatro, 584-7746 or pinkertontatro@yahoo.com

Bob Romer will lead a walking tour of sites where some 25 black slaves lived in the mid-1700's, sharing the available information about their lives and importance to Deerfield. Participants will receive a free copy of a map of Main Street, quite different from those usually given to tourists.

Bob is author of *Slavery in the Connecticut Valley of Massachusetts* (Levellers Press, 2009). Though the book covers some information about slavery in most of the towns in the Valley, it treats the subject in Deerfield most thoroughly. He writes: Little is known about many of those who lived as slaves in our area, sometimes simply a name listed in a will or bill of sale, sometimes not even a name. We can never undo the crime that was committed by kidnapping these people, taking them (or their ancestors) away from their families. But at least we can tell what we know of their stories, lest their existence be lost to memory. "To remember them is to make them live again".

Our leisurely walk of about a mile and a half will probably take about an hour and a half (depending on weather and how many questions are asked). Walkers may drop out at any time. Bring a friend or two, as well as sunscreen and/or umbrella. Please note that this tour is not sponsored by Historic Deerfield, Inc. or any other organization besides LIR. We will talk about some of the houses and those who lived there in colonial times but will not go inside to any of them. (Those wishing to visit inside may do so by purchasing tickets from Historic Deerfield, Inc. on their own initiative.)

A Sequel to Love Letters

Love Letters by A.R. Gurney is a two-person play depicting the story of a 50-year correspondence between Melissa Gardner and her childhood-friend-turned-love-interest, Andrew Makepeace Ladd III. Staging is simple, just a man and a woman on stage reading the letters they had written to each other over a 50-year time period.*

Two friends of ours, Turi MacCombie and David Neelon, performed Love Letters for an audience about a year ago at Applewood Retirement Community, where David had an apartment. (Turi lives just a couple of blocks from us.) They met (another lovely story) three years ago. The performance was by all accounts a smashing success, and at some point I told Turi we were sorry to have missed it. She said that she and David were working on a sequel to the original, which they planned to present at Applewood on April 8. We said we'd be sure not to miss it this time.

People were lined up by the time we arrived at Applewood, and it was almost a standing-room-only crowd. The performance was wonderful, I thought; both David and Turi had good, expressive voices, and the sequel they had written was very believable, even though they had to rewrite the ending of the original play, seeing as the female lead, Melissa, dies at its end. Their sequel left the audience up in the air as to whether or not Melissa and Andrew would link their lives together or just continue their correspondence. But it was a comfortable, fill-in- the-future-you-want kind of an ending. When it ended, we were told that after a 10-minute intermission a short second act would follow, which surprised me (I hadn't known that their sequel play would have two acts).

Tyll and I waited, and the second act began with a recording of the song "The Rose" (see below), and a man (unknown to me) appeared on the stage. Then David walked down the central aisle of the room accompanied by another unknown-to-me male friend and by Betsey Johnson, a long-time 5CLIR member, who is a friend of Turi and David; her being there made perfect sense (Betsey was instrumental in Turi and David's meeting). I thought OK, the script of the second act is saying that Melissa and Andy decided to marry. This thought was borne out by Turi (I mean Melissa) soon walking down the aisle dressed in a lovely full-length lacy white dress, her hair long and gathered in the back with a beautiful flower; she was carrying, appropriately, a single red rose. Indeed, the man on stage proved to be playing the role of a minister about to marry Melissa and Andy. He began the marriage ceremony, asking, "Do you, Andrew Makepeace Ladd III take Melissa Gardner to be your lawful wedded wife...?" After a pause, the startling reply was, "I, David Neelon, take Turi MacCombie to be my lawful wedded wife...", and before you knew it, Turi and David were exchanging real vows and rings and – they were married! I've been to my share of weddings, but never before have I witnessed a surprise wedding! Truly special; it will go down in Applewood history. Champagne and wedding cake followed.

*You can see people performing Love Letters on YouTube, or you can borrow a DVD of the play from the library. Look for Love Letters (1999) starring Laura Linney and Steven Weber.

The Rose

*Some say love, it is a river,
That drowns the tender reed.
Some say love, it is a razor,
That leaves your soul to bleed.*

*Some say love, it is a hunger,
An endless, aching need.
I say love, it is a flower,
And you, its only seed.*

*It's the heart afraid of breaking,
That never learns to dance.
It's the dream afraid of waking,
That never takes the chance.*

*It's the one who won't be taken,
Who cannot seem to give.
And the soul afraid of dying,
That never learns to live.*

*And the night has been too lonely,
And the road has been too long.
And you think that love is only,
For the lucky and the strong.*

*Just remember in the winter,
Far beneath the bitter snow,
Lies the seed that with the sun's love,
In the spring, becomes the rose.*

Songwriters: Amanda
McBroom
The Rose lyrics ©
Warner/Chappell Music, Inc.



potluck

Going with the Grain: SPELT



Spelt coffee cake and raw spelt.



PHOTOS BY NINA M. SCOTT AND KATY VAN GEEL

By Nina M. Scott and Katy van Geel

Now it was my turn (Nina, Amherst) to finish up our Five College Learning in Retirement course on Ancient Grains with spelt, another form of wheat, which has been cultivated for over 9,000 years.

In Germany, spelt was much appreciated by St. Hildegard of Bingen (1098-1179), who was very interested in diet and nutrition and counseled that eating a warm porridge of spelt, honey, grated apple and almonds every morning would keep your body and brain healthy. She was living proof: She reached 81, an astounding age in the 12th century.

I bought spelt berries and two kinds of spelt flour: light and dark. We had Hildegard's porridge using spelt flakes, and a salad with whole spelt, oranges, dried cranberries and feta. I made our family's beef-vegetable soup with cooked spelt berries instead of my usual barley (I preferred barley). As I am a bread baker, I made baguettes and a cinnamon coffee cake using dark spelt flour.

Both had a nutty flavor, a chewy texture and kept extremely well. The seminar favorite was the coffee cake (a King Arthur Flour recipe, printed with their permission):

Cinnamon Coffee Cake

Ingredients

Cake:
6 tablespoons softened butter
1 cup brown sugar, packed
2 large eggs, beaten
1 teaspoon baking powder
1/2 teaspoon salt
1 1/2 teaspoons ground cinnamon
1/4 teaspoon ground nutmeg, optional
1 1/2 cups spelt flour
1/2 cup milk

Streusel topping:

1/2 cup spelt flour
1/4 cup brown sugar (packed)
1/4 cup old-fashioned rolled oats
1/8 teaspoon salt

1/4 teaspoon ground cinnamon
4 tablespoons butter, at firm room temperature

Instructions

Preheat the oven to 350°F. Lightly grease an 8"-square or 9"-round cake pan.

Beat butter and sugar together.

Beat in the eggs one by one.

Whisk baking powder, salt, and spices into the flour. Stir half the flour mixture into the butter/sugar/eggs to combine. Stir in the milk, then add the remaining flour mixture, stirring to combine.

To make the topping: Gently combine all of the topping ingredients until crumbly.

Pour batter into the pan. Sprinkle topping over the cake. Use a table knife or spatula to briefly swirl it into the batter.

Bake the coffee cake for 35 minutes or until a toothpick inserted into the center comes out clean. Remove the cake from the oven; allow it to cool before cutting.

TECH ASSISTANCE: Individual Tech Help is Available

The Technology Committee is pleased to announce that it will offer one-on-one assistance to members of 5CLIR who have questions regarding a range of digital devices and selected software. Should you need such assistance, please choose the type of device or software concerning you and then email the appropriate Tech Committee member for assistance. Note that while we will attempt to satisfactorily solve your problem, we cannot guarantee a solution.

Apple/Mac OS:	Kathy Campbell Gordon Wyse	ksmithcamp@post.harvard.edu gwyse@bio.umass.edu
Windows XP:	Dean Poli	poli@ecs.umass.edu
Windows 7:	Jim Scott	nmscott@spanport.umass.edu
Windows 8 - 10:	Jim Perot Larry Ambs	jperot@yahoo.com ambs@umass.edu
Linux OS :	John Armstrong	johna.armstrong@comcast.net
Android Cell Phones:	Larry Ambs Jim Perot	ambs@umass.edu jperot@yahoo.com
iPhones:	Gordon Wyse Jim Scott	gwyse@bio.umass.edu nmscott@spanport.umass.edu
iPad:	Jim Scott	nmscott@spanport.umass.edu
Android Tablets:	Jim Perot	jperot@yahoo.com
Word:	Bobbie Reitt	redits@comcast.net

5CLIR CALENDAR July-December 2018

- July** No Executive Committee Meeting
 No Curriculum Committee Meeting
 No Council Meeting
- August** 2 Curriculum Committee Meeting
 2 Executive Committee meeting, Time TBA, Five Colleges, Inc.
 9 Council meeting, 2:15-4:15, Five Colleges, Inc.
- September** 6 Executive Committee meeting, 1:15, Five Colleges, Inc.
 6 Curriculum Committee meeting, 2:15-4:15, Five Colleges, Inc.
 13 Council meeting, 2:15-4:15, Five Colleges, Inc.
 10 [Rosh Hashannah]
 17 5CLIR Potluck Lunch Picnic, 12–3 (Rain date Sept.18)
 19 [Yom Kippur]
 24 First day of fall seminars
 28 Optional extra Curriculum Committee meeting
- October** 3 **Deadline for spring 2019 seminar proposals**
 4 Executive Committee meeting, 1:15, Five Colleges, Inc.
 4 Curriculum Committee meeting, 2:15-4:15, Five Colleges, Inc.
 11 Council meeting, 2:15-4:15, Five Colleges, Inc.
- November** 1 Executive Committee meeting, 1:15, Five Colleges, Inc.
 1 Curriculum Committee meeting, 2:15-4:15, Five Colleges, Inc.
 8 Council meeting, 2:15-4:15, Five Colleges, Inc.
 18 **Preview** of spring 2019 seminars, 2:00–3:45, location TBA
- December** 5 Registration deadline for inclusion in spring 2019 seminar lottery
 6 Executive Committee meeting, 1:15, Five Colleges, Inc.
 6 Curriculum Committee meeting, 2:15-4:15, Five Colleges, Inc.
 6 Last (snow) day of most fall seminars
 12 Last (snow) day for fall seminars that miss the day before Thanksgiving
 13 Last (snow) day for Thursday fall seminars
 13 Council meeting, 2:15-4:15, Five Colleges, Inc.

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